

THE LIE V.S. THE TRUTH

Assignment: Each day take one of these truths and repeat it aloud, personalize it. Then meditate upon it daily throughout the day until they become a part of your heart.

IN ADAM CRUCIFIED OLD LIE BONDAGE WHAT I FEEL/ THINK	IN CHRIST RESURRECTED AND ASCENDED NEW TRUTH FREEDOM WHAT GOD SAYS
I am rejected.	I am accepted Ephesians 1:6 <i>"...He has made us accepted in the Beloved."</i> Psalm 139:17 <i>"How precious also are Your thoughts to me, O God! How great is the sum of them!"</i>
I feel guilty.	I am totally forgiven Ephesians 1:7 <i>"In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace."</i> Psalm 103:3 <i>"Who forgives all your iniquities, who heals all your diseases."</i> Hebrews 10:17 <i>"Then He adds, 'Their sins and their lawless deeds I will remember no more.'"</i>
I feel like I am a failure. I feel inadequate.	I am adequate Philippians 4:13 <i>"I can do all things through Christ Who strengthens me."</i> 2 Corinthians 3:5 <i>"Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God."</i>
I am a fearful, anxious person.	I am free from fear 2 Timothy 1:7 <i>"For God has not given us a spirit of fear, but of power and of love and of a sound mind."</i> 1 John 4:18 <i>"There is no fear in love; but perfect love casts out fear."</i> Psalm 34:4 <i>"I sought the LORD, and He heard me, and delivered me from all my fears."</i>
I am not very smart	I have God's Wisdom. I Corinthians 1:30 <i>"But of Him you are in Christ Jesus, who became for us wisdom from God"</i> Colossians 2:3 <i>"Christ, in whom are hidden all the treasures of wisdom and knowledge."</i>
I am in bondage	I am free. 2 Corinthians 3:17 <i>"Where the Spirit of the Lord is, there is liberty."</i> John 8:36 <i>"Therefore if the Son makes you free, you shall be free indeed"</i> Galatians 5:1, 13 <i>"Stand fast therefore in the liberty by which Christ has made us free ... you have been called to liberty."</i>

<p>I am unlovable/unloved.</p>	<p>I am very loved. John 15:9 <i>“As the Father loved Me, I also have loved you; abide in My love.”</i> Ephesians 2:4-5 <i>“But God, who is rich in mercy, because of His great love with which He loved us, even when we were dead in trespasses, made us alive together with Christ.”</i> Ephesians 5:1-2 <i>“Therefore be imitators of God as dear children. And walk in love, as Christ also has loved us and given Himself for us.”</i></p>
<p>I am unwanted. I don’t belong to anyone</p>	<p>I have been adopted by God and am His child. I John 3:1 <i>“Behold what manner of love the Father has bestowed on us, that we should be called children of God.”</i> Romans 8:16-17 <i>“The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs -- heirs of God and joint heirs with Christ.”</i></p>
<p>I am depressed I am hopeless</p>	<p>I have all the hope I need. Romans 15:13 <i>“Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.”</i> Psalm 31:24 <i>“Be of good courage, and He shall strengthen your heart, all of you who hope in the Lord.”</i></p>
<p>I have no strength</p>	<p>I have God’s power/am indwelt by the Holy Spirit Ephesians 1:19 <i>“The exceeding greatness of His power toward us who believe, according to the working of His mighty power.”</i> Ephesians 3:20 <i>“Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us.”</i> Acts 1:8 <i>“But you shall receive power when the Holy Spirit has come upon you.”</i></p>
<p>I feel condemned.</p>	<p>I am blameless. Romans 8:1 <i>“There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.”</i> John 3:18 <i>“He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.”</i></p>
<p>I am alone/feel alone</p>	<p>I am never alone. Hebrews 13:5-6 <i>“...be content with such things as you have. For He Himself has said, ‘I will never leave you nor forsake you. So we may boldly say: ‘The Lord is my helper; I will not fear.’”</i> Romans 8: 38-39 <i>“For I am persuaded that ... (nothing) ... shall be able to separate us from the love of God which is in Christ Jesus our Lord.”</i></p>

<p>No one to take care of me.</p>	<p>I am protected/safe. Psalm 32:7-8, 10-11 <i>“You are my hiding place; you shall preserve me from trouble; you shall surround me with songs of deliverance ... will instruct you and teach you in the way you should go; I will guide you with My eye ... Many sorrows shall be to the wicked; but he who trusts in the LORD, mercy shall surround him. Be glad in the LORD and rejoice, you righteous; and shout for joy, all you upright in heart.”</i></p>
<p>Nothing special about me.</p>	<p>I have been chosen/set apart by God I Corinthians 6:11 <i>“You were washed, but you were sanctified, but you ere justified in the name of the Lord Jesus and by the Spirit of our God.”</i> I Peter 2:9-10 <i>“But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light; who once were not a people but are now the people of God, who had not obtained mercy but now have obtained mercy.”</i></p>
<p>I am not good enough.</p>	<p>I am perfect in Christ. Hebrews 10:14 <i>“For by one offering He has perfected forever those who are being sanctified.”</i> Colossians 2:9-10 <i>“For in Him dwells all the fullness of the Godhead bodily; and you are complete in Him, who is the head of all principalities and power.”</i> 2 Corinthians 5:21 <i>“For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.”</i></p>
<p>I am defeated.</p>	<p>I am victorious. 2 Corinthians 2:14 <i>“Now thanks be to God Who always leads us in triumph in Christ.”</i> Romans 8:37 <i>“...in all these things we are more than conquerors through Him who loved us.”</i> 1 John 5:4 <i>“For whatever is born of God overcomes the world. And this is the victory that has overcome the world - even our faith.”</i></p>
<p>I am afraid of satan.</p>	<p>I have authority over satan. Luke 10:19 <i>“I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.”</i> 1 John 4:4 <i>“He who is in you is greater than he who is in the world.”</i> 1 John 3:8 <i>“For this purpose the Son of God was manifested, that He might destroy the works of the devil.”</i></p>
<p>I can't reach God. I have no confidence.</p>	<p>I have access to God. Hebrews 10:19-22 <i>“Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus, by a new and living way which He consecrated for us, through the veil, that is, His flesh, and having a High Priest over the house of God, let us draw near with a true heart in full assurance of faith.”</i> Ephesians 3:12 <i>“In Whom we have boldness and access with confidence through faith in Him.”</i></p>

I feel inferior.	I am designed uniquely for God's purpose. <i>Psalm 139:13-14 "For You formed my inward parts; you covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made"</i> <i>Romans 2:11 "For there is no partiality with God."</i> <i>1 Samuel 16:7 "Do not look at his appearance or at the height of his stature,...the Lord does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart."</i> <i>2 Corinthians 10:12 "For we dare not class ourselves or compare ourselves...But they, measuring themselves by themselves, and comparing themselves among themselves, are not wise."</i>
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